



The Military Twostep As danced with Da Hooley ceilidh band

The Military Twostep is a dance for couples. Dancers stand beside their partner facing anticlockwise in a circle around the room. The man has his partner on his right hand side, and puts his right arm round the lady's waist. The lady puts her left hand on the man's right shoulder.

Bars 1-4: Hop on the inner foot, and at the same time with the outer foot, touch the heel then toe on the ground. Do this twice (heel, toe, heel, toe), then walk forward for 3 and both turn to face the opposite direction. The man now has his left arm round lady's waist.

Bars 5-8: repeat bars 1-4. Turn to face your partner and hold both hands.

Bars 9-10: Both jump and kick the right foot to the left, then both jump and kick the left foot to the right

Bars 11-12: The lady turns once under man's left arm

Bars 13-16: Couples take a ballroom hold and step/hop round for 8

Da Hooley ceilidh band are based in Edinburgh, Scotland

| web: ceilidhdanceband.scot | tel: +44 7866 987975 | email: info@ceilidhdanceband.scot |

©Da Hooley ceilidh band